



BOYS & GIRLS CLUBS
OF WEST CENTRAL MISSOURI

SMARTGIRLS Parent/Guardian Consent Form

The Boys & Girls Clubs of West Central Missouri want to ensure that you are comfortable at all times with the programs we offer your child.

Smartgirls is a program that educates and encourages females to promote positive values, responsible behavior, healthy attitudes and lifestyles as they mature. Focusing on females ranging from the age of 8-12, each program is tailored to the age of the girls participating.

Topics discussed may include the following:

- Physical & Emotional Growth
- Personal Values and Social Interaction
- Media Influence & Body image
- Smart Decisions
- Exercise & Physical Activity
- Cultural & Food
- A Healthy Atmosphere for Healthy Appetites
- Food Programs
- Health Care Connections
- Positive Friendships
- Graduation Ceremony

In the section below, please indicate whether you give your daughter permission to participate in the Smart girls program:

_____ I GIVE permission for my daughter to participate in SMARTGIRLS.

_____ I DO NOT give permission for my daughter to participate in SMARTGIRLS.

Child's Name	Age
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Boys & Girls Club

Your Name(printed)

Your Signature	Date
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