



**BOYS & GIRLS CLUBS
OF WEST CENTRAL MISSOURI**

Press Release

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FOR IMMEDIATE RELEASE

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FOR MORE INFORMATION

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GREAT FUTURES START HERE:

JOIN IN THE FUN WITH THE BOYS & GIRLS CLUBS OF WEST CENTRAL MISSOURI

National Boys & Girls Club Week March 21-26

Sedalia, MO – March 17, 2011 – From March 21 through 26, The Boys & Girls Clubs of West Central Missouri will join more than 4,000 Boys & Girls Clubs across America and on U.S. military bases overseas in its annual celebration of National Boys & Girls Club Week.

For more than 75 years, Boys & Girls Clubs have celebrated this week in a variety of ways which support the organization's overarching goal to help each child reach their full potential and achieve a great future.

This year, the Boys & Girls Clubs of West Central Missouri plans to take this opportunity to promote the three Club outcome areas: Healthy Lifestyles, Academic Success, Character and Citizenship.

During National Boys & Girls Club Week, the Club will:

- Encourage Club members to lead a healthy lifestyle by joining Boys & Girls Clubs of America's (BGCA) attempt to receive the Guinness World Record title for the most star jumps (jumping jacks) completed in two consecutive minutes.
- Invite the community to tour Boys & Girls Club sites to see how Clubs promote academic success and encourage youth to develop good character and citizenship.
- Host fun and exciting activities for Club members and the community.
 - **Your Media Coverage Is Invited:**

- **March 18 at 9:30 a.m.:** Pettis County Proclamation Signing at the Pettis County Court House – Boys & Girls Club Youth of the Year, Liam Buell will give his Youth of the Year speech and then Larry Wilson, Western Commissioner; K.R. Lindeman, Eastern Commissioner; and John C. Meehan, Presiding Commissioner will sign a proclamation declaring March 21 – 26 Boys & Girls Club Week in Pettis County.
 - **March 21 at 3:15 p.m.:** Cole Camp Proclamation Signing at Cole Camp Boys & Girls Club – Cole Camp Mayor Green will sign a proclamation declaring March 21 – 26 National Boys & Girls Club Week in Cole Camp.
 - **March 22 at 5:30 p.m.:** World record attempt – thousands of Boys & Girls Club members from across the country will attempt to set a new world record by performing jumping jacks simultaneously for two consecutive minutes. Clubs participating include: Horace Mann Elementary, Skyline Elementary, Smithton Elementary and Teen programs.
 - **March 26 from 11 a.m. – 3 p.m.:** Rockets & Wheels – To conclude National Boys & Girls Club Week, the Club will host “Rockets & Wheels” on the Missouri State Fairgrounds from 11 a.m. to 3 p.m. **All are invited to attend**
The event will include:
 - A car show featuring a variety of vehicles on display courtesy of area car enthusiasts
 - Rocket launching starting at 1 p.m. with over 50 rockets assembled by Boys & Girls Club members. Mayor Horn will launch the first rocket of the day at 1 p.m.
 - Since experiments for all youth attending
 - “Airplanes”
 - “Boat float”
 - “Bubble kits”
 - “Cloud in a bottle”
 - “Colored milk”
 - “Dancing moth balls”
 - “Ice cube lifting”
 - “Incredible can crusher”
 - “Magnet fun”
 - “Mentos rockets”
 - “Tornado in a bottle”
 - Food and refreshments sold by Torch Club members as a fundraiser to support their goal to instill qualities of tolerance, civic responsibility, community involvement and leadership that promote an appreciation for the responsibilities of citizenship and the democratic process in members.
- **See the attached sheet for a full breakdown of events at Club sites**

Boys & Girls Clubs are a safe place for youth to learn and grow – all while having fun. It is the place where great futures are started each and every day. The Boys & Girls Clubs of West Central Missouri is preparing the next generation for success.

The Boys & Girls Clubs of West Central Missouri provides:

- A safe place to learn and grow

- Ongoing relationships with caring, adult professionals
- Life-enhancing programs and character development experiences
- Hope and opportunity
- Peer, staff and volunteer recognition

Learn more about the Boys & Girls Clubs of West Central Missouri or the upcoming events by calling the Club at (660) 826-8331 or log on to www.bgckids.com.

About the Boys & Girls Clubs of West Central Missouri

Realizing Potential: Our Children, Our Community, Our Future

Starting in June 2010, the Boys & Girls Clubs of West Central Missouri (www.bgckids.com) began celebrating 50 years of providing hope and opportunity to local communities by inspiring all youth to BE GREAT. The Club started in 1960 when a group of local Optimists and Rotarians saw the need for positive youth programming and 50 years later the Club continues to positively impact lives by helping youth reach their full potential as productive and caring citizens.

The Boys & Girls Clubs of West Central Missouri serves youth from 6 to 18 years of age by providing guidance-oriented character development programs conducted by trained, professional staff. Key programs emphasize leadership development; education and career exploration; community service; technology training; financial literacy; health and life skills; the arts; sports, fitness and recreation; and family outreach. The Club currently serves 1,761 members in 22 site programs, serving 6 communities and 3 counties in west central Missouri. For more information call 660.826.8331, find the Club online at www.bgckids.com, check out the Club's Facebook page www.facebook.com/pages/Boys-Girls-Clubs-of-West-Central-Missouri/190529020627 or follow the Club on Twitter at bgckids.

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